



Minutes, February 22, 2019
Department of Health
12:15pm

Budget Report: Summary on meeting agenda.

We welcomed Emma Tagariello & noted that Gwen Riddick will serve on MAASA temporarily. Both women are parental leave replacements for Vanessa Morgenthaler (Student Assistance Counselor) and Allison Bardon (Madison Chatham Coalition Coordinator) respectively.

Highlighted this month:

- MHS PTO will receive \$150 for their Tricky Tray (in lieu of supporting the dance which would have been a donation of \$500).
- Voted to APPROVE request to spend a total of \$1200 for Mindfulness/Lifeskills for the 7th grade health class (total of 8 classes will be held during the month of February)

OLD BUSINESS

Signs about Underage Drinking

- Frank Iannarone will list what's forbidden and be in touch with the police department
- John Hoover will work the Borough end re: legal and approval for placement of signs
- Tricia Armstrong will research public spaces to help determine number of signs/placement if approved

Yoga/Lifeskills - second class happened yesterday

Panel/Town Hall Event Discussion on Marijuana

- John is waiting on an email from Kelly Loofburrow (Grant Coordinator for the Municipal Alliance Committee of the Chathams) to learn more about the event so we can consider inclusion in it.
- No date for the event has been scheduled yet.

NEW BUSINESS

MHS Tricky Tray

- Set to happen on 3/7 from 6 to 10pm.
- MAASA will be tabling and sponsoring a basket containing a yoga mat, stress ball, educational and other items. Do not have time to order anything else with the date quickly approaching.
- Tricia will reach out to Foundations Yoga in Madison to see if they will donate a gift certificate.

Arrive Alive - Lindsay reached out to try and schedule for Bottle Hill Day

Rose City Mindful Parenting Classes - taught by Maria Sanders and scheduled for March 13, 20 & 27 at MHS in Conference Room A.

Youth Mental Health First Aid - connected to Mental Health Awareness month. This workshop will be for adults (18+) who work with youth. Aiming for 5/3 and hoping to have it at the Kirby gym. The Hubbard room at the Y only comfortably fits 15 people for this type of training. The books are expensive (if we have extra funds consider allocating money for them).

Other Items

-*Partnership with the Elks* (John) - They are a national organization with hundreds of thousands of members. The Order spends over \$80m every year on benevolent programs and our local lodge is open to partnering on creating a substance abuse program.

- *Marijuana*: (Frank) - With marijuana legalization as a potentiality, it's important for communities to be informed. Recently William Paterson University formed a Cannabis Institute to provide evidence-based scientific and economic information on topics related to cannabis, as well as opioid drugs and other substances.

-*Sticker Shock* (Frank) - They went two places and it went well. There were fewer girls involved than usual, but there was a conflict with a very popular leadership conference.

Next meeting March 12th at 12:30 p.m. at the Dept. of Health