

MADISON SENIOR SERVICES

MADISON SENIOR SERVICES is a community-based organization providing activities, programs and services which enhance the quality of life and the diverse needs and interests of older adults and their families.

ANNUAL VOLUNTEER SPRING LUNCHEON

As a thank you to our volunteers you're invited to our Spring Luncheon on Wednesday, April 17 at 12:00 P.M. at the Madison Civic Center, Upstairs Great Room. Please RSVP by Thursday, April 11 to (973) 593-3095.



ShopRite DIETITIAN PROGRAM

SHOPRITE HEALTHY LUNCH DEMONSTRATION AND TASTING

Wednesday, May 1 at 10:30 A.M. enjoy a FREE demonstration and tasting presented by ShopRite Dietitian Tory Stroker. By the time we reach May, spring produce will be wonderful, fresh and bright. There will be a few spring-forward dishes for a nice light lunch. Pre-registration required. Call the Senior Services office at (973) 593-3095 to sign up!

ENVIRONMENTAL COMMISSION



Join us for a presentation by the Environmental Commission followed by a viewing of **Bag It**, a documentary on how Americans use 60,000 single-use disposable plastic bags every five minutes that we mindlessly throw away. But where is "away? Bag It follows "everyman" Jeb Berrier as he navigates our plastic world. What he discovers is shocking.

Thursday, April 11
11:30 A.M.
Madison Civic Center

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Contact Us

Madison Senior Services
28 Walnut Street
Madison, NJ 07940

Monday through Friday
8:00 A.M. to 4:30 P.M.

seniorservices@rosenet.org
(973) 593-3095
www.rosenet.org

Programs & Events

TRIVIA

Provided by the Madison Library

Trivia will return on Thursday, April 25 from 2:30 - 3:30 p.m. at it's new location:
15 Chateau Thierry
(Rexford Tucker Apartments)

Beverages and snacks will be provided.
The winner gets a prize!

AARP Tax Prep Season

Tax Return Assistance Resumes

Just a few days left! Last appointment is on April 10.

Sessions are at 9:00 a.m., 10:30 a.m. and 12:30 p.m.

We are taking appointments now.

Please call (973) 593-3095 to schedule yours.



Senior Citizen Advisory Committee

The Senior Citizens Advisory Committee (SCAC) provides a conduit for information to the Mayor and Council, the senior center and relevant community-based groups. SCAC identifies needs relevant to the senior population such as recreation, transportation, housing, nutrition and medical care, and recommends programs and strategies to implement solutions.

Join us at our next meeting on Thursday, April 11 at 2:00 p.m. at the Senior Center.

Notary Public Services



This is a free service available for senior citizens.

Walk-ins are welcome on Mondays, Tuesdays, Thursdays and Fridays from 10 a.m. – 4p.m.

Ask for our Notary, Carmela Cooke.

Pickleball Players Needed

We are now taking team signups. Our participant list is expanding and we would like to start setting up teams for guaranteed competitive fun! Interested in the growing popular sport known as pickle ball?



Play the game of pickle ball, a fun sport that combines many elements of tennis, badminton, and ping-pong. Open gym pickle ball is now available on Mondays and Tuesdays from 2:00 – 4:00 p.m. at the Madison Civic Center. All playing levels are welcome.

Volunteers Needed

Next Collating: Tuesday, April 30 at 9:00 a.m.

We are looking for new volunteers to welcome. Without volunteers we will not be able to provide the mail service for the newsletters. Coffee & tea provided with some snacks.

Health & Other Services

Exercise Classes

Mondays: Stretch & Flex from 9:00 - 10:00 a.m.

Tuesdays: Yoga from 11:30 - 12:30 p.m.

Thursdays: Cardio from 10:00 - 11:00 a.m.

Join us for an hour of fun and accommodating exercise classes for as low as \$5.00 per person per class.
All classes are held at Madison Senior Services, Upstairs-Great Room, 28 Walnut Street Madison, NJ 07940

Register prior to the class either in the office or online at:

<https://register.capturepoint.com/MadisonBorough>

Fitness class fees are now charged **MONTHLY**. Walk-In fees are welcome.

SPACE IS LIMITED! New members must sign up in the Office prior to class.

Health Screenings

By the Madison Health Department



Women's Health Screening

Monday, April 29th starting at 9:30 a.m.
Madison Health Department\Civic Center
28 Walnut Street, Madison, NJ

Men's Health Screening

Monday, May 6th starting at 6:00 p.m.
Madison Health Department\Civic Center
28 Walnut Street, Madison, NJ

Appointments are necessary and may be made by calling 973-593-3079 ext.1

Tech Assistance

Every Thursday afternoon by appointment starting at 2:00 p.m.

Just bring your personal device such as a laptop, smart phone or kindle and we can help!

Medicare Counseling (SHIP)

Please welcome our new volunteer Anthony Caggiano.

SHIP counseling is now available on Wednesday mornings for hour appointment time slots between 9:30 a.m. and 12:30 p.m.

Please call (973) 593-3095 to make your appointment today.

Meals on Wheels

Morris County Nutrition Project provides meals delivered by volunteers Mondays, Wednesdays & Fridays. Eligibility based on medical needs. Allow 2 weeks for processing for new clients. \$2 donation/meal.

No meal deliveries on Friday, April 19

Individuals age 60 and older who are frail, homebound, or disabled are eligible for Meals on Wheels.

This includes those recuperating from an illness, those who are mentally or physically impaired, those without family or friends to shop for them, or those needing a special diet. There are no income requirements.

MONDAY	TUESDAY	WEDNESDAY
9:00 A.M. Stretch & Flex 1 12:00 P.M. Advanced Ping Pong 12:00 P.M. Poker 12:30 P.M. Rummikub 2:00 P.M. Pickleball	9:30 A.M. Canasta 2 10:00 A.M. Healthy Bones 11:30 A.M. Chair Yoga 12:30 P.M. Open Mah Jongg 12:30 P.M. Open Ping Pong 2:00 P.M. Pickleball	AARP Tax Prep 10:00 A.M. Mah Jongg 12:00 P.M. Poker 12:30 P.M. Bridge 3:00 P.M. Billiards
9:00 A.M. Stretch & Flex 8 12:00 P.M. Advanced Ping Pong 12:00 P.M. Poker 12:30 P.M. Rummikub 12:30 P.M. Progressive Bridge 2:00 P.M. Pickleball	9:30 A.M. Canasta 9 10:00 A.M. Healthy Bones 11:30 A.M. Chair Yoga 12:30 P.M. Open Mah Jongg 12:30 P.M. Open Ping Pong 2:00 P.M. Pickleball	AARP Tax Prep 10:00 A.M. Mah Jongg 12:00 P.M. Poker 12:30 P.M. Bridge 1:00 P.M. Rt. 10 Farm 3:00 P.M. Billiards
9:00 A.M. Stretch & Flex 15 12:00 P.M. Advanced Ping Pong 12:00 P.M. Poker 12:30 P.M. Rummikub 2:00 P.M. Pickleball	9:30 A.M. Canasta 16 10:00 A.M. Healthy Bones 11:30 A.M. Chair Yoga 12:30 P.M. Open Mah Jongg 12:30 P.M. Open Ping Pong 2:00 P.M. Pickleball 2:00 P.M. Pickleball	10:00 A.M. Mah Jongg 12:00 P.M. Spring Lu 12:00 P.M. Poker 12:30 P.M. Bridge 3:00 P.M. Billiards
9:00 A.M. Stretch & Flex 22 12:00 P.M. Advanced Ping Pong 12:00 P.M. Poker 12:30 P.M. Rummikub 12:30 P.M. Progressive Bridge 2:00 P.M. Pickleball 3:30 P.M. Madison Into Yellow Project	9:30 A.M. Canasta 23 10:00 A.M. Healthy Bones 11:30 A.M. Chair Yoga 12:30 P.M. Open Mah Jongg 12:30 P.M. Open Ping Pong 2:00 P.M. Pickleball	10:00 A.M. Mah Jongg 12:00 P.M. Poker 12:30 P.M. Bridge 1:00 P.M. Walmart Tr 3:00 P.M. Billiards
9:00 A.M. Stretch & Flex 29 12:00 P.M. Advanced Ping Pong 12:00 P.M. Poker 12:30 P.M. Rummikub 2:00 P.M. Pickleball	9:00 A.M. Collating 30 9:30 A.M. Canasta 10:00 A.M. Healthy Bones 11:30 A.M. Chair Yoga 12:30 P.M. Open Mah Jongg 12:30 P.M. Open Ping Pong 2:00 P.M. Pickleball	10:00 A.M. Mah Jongg 10:30 A.M. ShopRite & Tasting 12:00 P.M. Poker 12:30 P.M. Bridge 3:00 P.M. Billiards

WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>10:00 A.M. Cardio</p> <p>10:45 A.M. Knitting & Crocheting</p> <p>12:00 P.M. Open Ping Pong</p> <p>1:00 P.M. Mah Jongg</p>	<p>4</p> <p>10:00 A.M. Cardio</p> <p>10:45 A.M. Knitting & Crocheting</p> <p>12:00 P.M. Open Ping Pong</p> <p>1:00 P.M. Mah Jongg</p>	<p>5</p> <p>10:00 A.M. Discussion Group</p> <p>11:00 A.M. Mah Jongg</p> <p>11:00 A.M. Advanced Ping Pong</p> <p>12:30 P.M. Pinochle</p> <p>1:00 P.M. Bridge Workshop</p>
<p>10</p> <p>10:00 A.M. Cardio</p> <p>10:45 A.M. Knitting & Crocheting</p> <p>11:30 A.M. Environmental Commission</p> <p>12:00 P.M. Open Ping Pong</p> <p>1:00 P.M. Mah Jongg</p> <p>2:00 P.M. SCAC Meeting</p> <p>Members' Market Trip</p>	<p>11</p> <p>10:00 A.M. Cardio</p> <p>10:45 A.M. Knitting & Crocheting</p> <p>12:00 P.M. Open Ping Pong</p> <p>1:00 P.M. Mah Jongg</p>	<p>12</p> <p>10:00 A.M. Discussion Group</p> <p>11:00 A.M. Mah Jongg</p> <p>11:00 A.M. Advanced Ping Pong</p> <p>12:30 P.M. Pinochle</p> <p>1:00 P.M. Bridge Workshop</p>
<p>17</p> <p>10:00 A.M. Cardio</p> <p>10:45 A.M. Knitting & Crocheting</p> <p>12:00 P.M. Open Ping Pong</p> <p>1:00 P.M. Mah Jongg</p> <p>Concheon</p>	<p>18</p> <p>10:00 A.M. Cardio</p> <p>10:45 A.M. Knitting & Crocheting</p> <p>12:00 P.M. Open Ping Pong</p> <p>1:00 P.M. Mah Jongg</p>	<p>19</p> <p>Closed Good Friday</p> 
<p>24</p> <p>10:00 A.M. Cardio</p> <p>10:45 A.M. Knitting & Crocheting</p> <p>12:00 P.M. Open Ping Pong</p> <p>1:00 P.M. Mah Jongg</p> <p>Trip</p>	<p>25</p> <p>10:00 A.M. Cardio</p> <p>10:45 A.M. Knitting & Crocheting</p> <p>12:00 P.M. Open Ping Pong</p> <p>1:00 P.M. Mah Jongg</p>	<p>26</p> <p>10:00 A.M. Discussion Group</p> <p>11:00 A.M. Mah Jongg</p> <p>11:00 A.M. Advanced Ping Pong</p> <p>12:30 P.M. Pinochle</p> <p>1:00 P.M. Bridge Workshop</p>
<p>May 1</p> <p>10:00 A.M. Cardio</p> <p>10:45 A.M. Knitting & Crocheting</p> <p>12:00 P.M. Open Ping Pong</p> <p>1:00 P.M. Mah Jongg</p> <p>Dietitian Demo.</p>	<p>May 2</p> <p>10:00 A.M. Cardio</p> <p>10:45 A.M. Knitting & Crocheting</p> <p>12:00 P.M. Open Ping Pong</p> <p>1:00 P.M. Mah Jongg</p>	<p>May 3</p> <p>10:00 A.M. Discussion Group</p> <p>11:00 A.M. Mah Jongg</p> <p>11:00 A.M. Advanced Ping Pong</p> <p>12:30 P.M. Pinochle</p> <p>1:00 P.M. Bridge Workshop</p> <p>Saturday, May 4 May Day in Madison</p>

Looking Back

HENRY KEEP'S UMBRELLA FACTORY

Researched & Written by Staff Asst. Helene Corlett

In 1800 Flavel Woodruff built a long 2-story house on the south east corner of Kings Road and Prospect Street. He sold it a couple of times to different people, but eventually it was sold to Henry Keep. Mr. Keep was of English decent, a former New Yorker and active businessman, and was also a trustee of the Madison Presbyterian Church. His home also served as a boarding house for the laborers working on the construction of the Presbyterian Church.

He opened a factory near his home making straw hats and umbrellas, which he sold in his New York store. It was Madison's first major industry employing 50 people, mostly women and young girls. Later he opened a dry goods store on the opposite corner, where commuter parking is today.



From 1840-1843, during the construction of the Methodist Church on Waverly Place, Mr. Keep opened his factory to their parishioners for Sunday services, even though he was a devout Presbyterian.

Every Saturday night he would clean the factory and put things in order for the Methodist services on Sunday morning. Over time many ministers preached in the factory, including Reverend John Hancock.



Being the kind and generous man that he was, Mr. Keep adopted 2 young girls, Caroline and Camilla. Caroline married a Presbyterian minister and they moved to Ohio. Unfortunately, Camilla wasn't quite as religious and got into some serious trouble. To Mr. Keep's dismay, she became the third person in history to be excommunicated from the Presbyterian Church.

Mr. Keep died in 1874. Today the site is occupied by the Madison Public Safety Complex.

Community Events

DAY OF SERVICE - FRIDAY, MAY 24

Madison High School students and teachers will be fanning out around town between the hours of 8:00 a.m. and 2:00 p.m. to help seniors with tasks around the house or property. Pre-registration required. Call the Senior Services office at (973) 593-3095 to sign up.

Suggested chores: planting, weeding, raking, picking up branches, trimming, setting up outdoor furniture, moving furniture, cleaning windows, dusting and vacuuming.



Are you interested in volunteering on this townwide beautification day?

Contact the Downtown Development Commission at ddc@rosenet.org or via phone at (201) 400-2349

MADISON INTO YELLOW PROJECT

“Pollination” - 100 Flowers and Optimistic Ideas to Brighten Madison.



Madison High School students, Girl Scouts, senior citizens, interfaith organizations and the Madison, NJ community at large have turned their Optimism into Action by participating in “Pollination” - the collaborative public art project with artist and Optimist, G. Riley John Donnell (a/k/a Uncle Riley), where they will create this community garden of 100 flowers hand painted on 10” round yellow discs. On the back, will be their ideas for how to brighten Madison. These optimistic ideas will be shared with the Mayor’s office as the garden “pollinates” the front lawn of the Hartley Dodge Memorial Building. The flowers will remain through the end of May (National Mental Health Month).

Senior Citizens are welcome to come to the Madison Civic Center to paint and write on their pieces on Monday, April 22 at 3:30pm. There are 19 pieces in total and we need 19 individuals to successfully collaborate in this public art project. Please call (973) 593-3095 to sign up.

THURSDAY MORNING CLUB

Annual Spring Luncheon

April 16 from 10:30 a.m. to 3:00 p.m.

Basking Ridge Country Club, 185 Madisonville Road, Basking Ridge, NJ 07920

Trips & Dial-A-Ride

Beautiful By Carole King

Wednesday, May 22

\$75.00 per person

Includes orchestra tickets



1st pick-up: 15 Chateau Thierry (residents of apartments only) 10:00 -10:30 a.m.

2nd pick-up: Madison Memorial Park Ice Skating Rink Parking Lot, Rosedale Ave. 10:45-11:00 a.m.

The play starts at 2:00 p.m. and runs for 2 hours & 15 minutes. We expect to arrive back to Madison by 6:30 p.m.

Bring a bagged lunch and we will provide water and a bag of chips.

Dial-A-Ride Schedule

Stop & Shop

- Monday, Tuesday, Wednesday & Friday from 10:30 - 11:30 a.m.
- Monday, Wednesday - Friday 1:30 - 2:30 p.m.

ShopRite

- Tuesday from 1:30 - 2:30 p.m.
- Thursday from 10:30 - 11:30 a.m.

To get a ride, to any location in Madison call the day of your trip between 8:30 – 9:30 a.m.

Due to limited seating, calls for rides after 9:30 a.m. will **NOT** be guaranteed.

Monthly Van Trip:

April 10: Rt. 10 Farmers' Market

April 24: Walmart

*Monthly Mall Trip reservations will only be taken in the current month of the trip.

Residents and non-residents are welcome to register for trips. The coach bus is handicap accessible.

To register and save your spot, call (973) 593-3095 today!

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Return Service Requested

Interested in receiving a copy of this newsletter via email?

Sign up online to get some early bird news!